P.A.G.E. Analysis of Professional Journal Article

Analysis of your professional journal article will prepare you to read similar texts in your major and to write your own professional genre for our class.

**PURPOSE**

1a. Please write at least one sentence from your article

READ THIS FIRST: Most academic research writing is **problem-based**. To identify the purpose of your article, look for a statement of the problem for study. Usually you’ll find it in the first few paragraphs, often in a sentence that begins with “But,” or “However” and creates a contrast with previous research (for example, “Previous research has…. However, it has not yet explored….”).

that sums up its purpose.

“This paper provides an understanding of the concept of mindfulness as well as the research into the neurological and behavioral benefits of mindfulness skills training.”

1b. In your own words, what is that purpose?

This article’s purpose is to clearly define mindfulness and explain ways to use this concept throughout clinical social works’ practices.

**AUDIENCE**

2a. Please write at least one sentence from your article that indicates its audience.

READ THIS FIRST: Academic research writing has different audiences, depending on your major. Usually that audience is identified in the first few paragraphs (for example, “Education researchers have long been interested in….”) but sometimes the audience is implicit (not stated directly).

“My hope is that the readers will recognize that these seemingly alien concepts are not only similar to but are also compatible with our current theoretical and clinical foundations.”

2b. In your own words, who is the audience?

The author’s audience are those working in clinical foundations; so social workers, clinical social workers, and on a general basis, people who want to engage in relationships.

**GENRE**

3a. **Evidence** – What counts as evidence in this article?

READ THIS FIRST: In different majors, there are important differences in what counts as evidence, how a text is organized, and what kinds of language it uses. To find these differences, you will have to skim through the whole of your article.

How do you know?

This article has accounts of different cases- talking to clients, sort of like a diary entry, but more professional.

(For example, are there statistics about the effects of a drug? Transcripts of classroom interactions? Quotes from interviews?)

Quotes from Daniel J. Siegel’s book, “The Mindful Brain”.

3b. **Organization** – Are there sections/headings in this article? If so, list them below. If not, read the first sentence of each paragraph and try to identify shifts from one section to another.

(For example, there might be a section that gives background about prior research, and another that describes results or findings of this article).

There are subheadings: “What is mindfulness”, “Mindful Presence in Pyschotherapy”… goes from definitions to how able to but concepts into practice.

3c. **Style** – Are there specialized vocabulary words or sentence structures in this article that are particular to your major? Give an example.

There are vocabulary words, “keywords”, that the author explains about in the beginning of the article & it even defines non-keyword terms/concepts.

(For instance, Education uses terms like “differentiated instruction,” abbreviations like “IEP,” and sometimes uses passive voice “Research was conducted…”)

Example- mindfulness: “pay attention in particular way, on purpose, in the present moment and non-judgmentally”.

It also uses passive voice; example, “clinicians can use mindfulness skills…”